

MALE

Bioidentical Hormone Replacement Therapy Program

Thank you for your interest in BHRT. In order to determine if you are a candidate for bioidentical hormone pellets, we need laboratory and health history forms. The information below is valuable for our assessment of your health. Please fill it out to the best of your ability. **We look forward to partnering with you to restore your youthfulness and improve your health!**

Patient Questionnaire

Today's Date: _____

Last Name: _____ First Name: _____ Middle Name: _____

Birth Date: _____ Age: _____ Occupation: _____

Home Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Cell Phone: _____

Email Address: _____ May we contact you via email? () Yes () No

In case of Emergency Contact: _____ Cell Phone: _____

Relationship: _____

Primary Care Physician's Name: _____ Phone: _____

PCP Address: _____

Marital Status (check one): () Married () Divorced () Widowed () Living with Partner () Single

In the event we cannot contact you by the means you've provided above, we would like to know if we have permission to speak to your spouse or significant other about your treatment. By giving the information below, you are giving us permission to speak with your spouse or significant other about your treatment.

Spouse/Partner's Name: _____ Phone: _____



INTAKE FORM

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Medical History

Any Known Drug Allergies: _____

Medications Currently Taking: _____

Current Hormone Replacement Therapy: _____

Past Hormone Replacement Therapy: _____

Nutritional / Vitamin Supplements: _____

Surgeries? List All and When: _____

Last Digital Rectal Exam: _____

Medical Illnesses:

- | | |
|---|---|
| <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Testicular or prostate cancer |
| <input type="checkbox"/> High cholesterol | <input type="checkbox"/> Elevated PSA |
| <input type="checkbox"/> Hypertension | <input type="checkbox"/> Prostate enlargement |
| <input type="checkbox"/> Heart disease | <input type="checkbox"/> Depression / Anxiety |
| <input type="checkbox"/> Stroke and/or heart attack | <input type="checkbox"/> Arthritis |
| <input type="checkbox"/> Blood clot and/or a pulmonary embolism | <input type="checkbox"/> Thyroid disease |
| <input type="checkbox"/> Arrhythmia | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Any form of Hepatitis or HIV | <input type="checkbox"/> Chronic liver disease (fatty liver, cirrhosis) |
| <input type="checkbox"/> Lupus or other autoimmune disease | <input type="checkbox"/> Fibromyalgia |
| <input type="checkbox"/> Trouble passing urine (taking Flomax or Avodart) | <input type="checkbox"/> Psychiatric disorder |
| <input type="checkbox"/> Cancer type: _____ | |
| year: _____ | |

Social:

- I am sexually active
- I want to be sexually active
- I have completed my family
- My sex has suffered
- I haven't been able to have an orgasm

Habits:

- I smoke cigarettes or cigars _____ per day
- I drink alcoholic beverages _____ per week
- I drink more than 10 alcoholic beverages / week
- I use caffeine _____ per day



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Estrogen Dominance Symptoms	Yes	No
Are you noticing excess fat in your abdomen or chest?		
Do you feel fatigued consistently?		
Have you experienced weight gain?		
Have you noticed a decrease in your muscular strength?		
Are you experiencing low sex drive?		
Do you suffer from Erectile Dysfunction?		
Are you noticing bouts of mild to severe depression?		
Do you suffer from headaches / migraines?		
Has there been an increase in forgetfulness?		
Are you having trouble concentrating?		
Have you noticed an enlargement in your prostate?		
Have you noticed an increase in urinary frequency?		
Are you experiencing hair loss?		
Do you cry easily?		

Testosterone Deficiency Symptoms	Yes	No
Has your sex drive decreased?		
Have you noticed increased belly fat?		
Are you developing cellulite?		
Have you had a decrease in self-esteem?		
Do you feel like flopping onto the couch after work?		
Are your eyelids drooping?		
Have you noticed that your hair is thinning?		
Do you feel hypersensitive?		
Are you gaining weight?		
Are your muscles turning to flab?		
Do you have high triglycerides, high LDL, and low HDL?		
Do you suffer from a decrease in hardness?		
Do you have diminished physical performance?		



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Progesterone Deficiency Symptoms	Yes	No
Are you experiencing anxiety?		
Do you have a problem with bloating?		
Do you become easily stressed?		
Are you becoming moodier with age?		
Do you suffer from low body temperature?		
Do you feel like you are losing mental focus?		
Do you suffer from sleep disorders?		
Do you snore?		
Are you experiencing pain in multiple areas of your body?		
Are you gaining weight?		

Additional Symptoms or Concerns you'd like your provider to know:

We value your business and ask that you respect our business scheduling policies. Please notify us at least 24 hours in advance of any cancellation. All cancellations with less than 24-hour notice and no-show appointments are subject to a \$75 cancellation fee.

Print Name

Signature

Date

_____ (Initial) I understand as a participant in this Regenerative MedSpa BHRT program, I will discuss medical information in the presence of people, staff, and the clinician. If I have medical concerns that are of a very private nature, I will request to discuss with the clinician in a private setting or will schedule an individual office visit. Additionally, I have been notified of my rights to privacy.

